Whipped Cauliflower/ Broccoli

Servings: 6

15 ounces cauliflower, frozen, frozen and thawed
15 ounces broccoli florets, frozen and thawed
2 tablespoons dimi glace (chicken paste)
8 ounces soy cream cheese
1/2 teaspoon sea salt
1/2 teaspoon black pepper

cayenne

Heat water and dimi in a large sauce pan cook until vegetables are soft, drain well and place in food process with steel blade.
Add soy cream cheese salt and pepper,s to taste
Blend - well, let mixture rest for 20 minutes to thicken.